



BALI

**FITNESS & YOGA
RETREAT**

1ST-7TH OCTOBER

SIGN UP NOW

7 Days 6 Nights at Canggu

- DAY1 :

Arrival - Transfer Canggu
Breakfast

- DAY2 :

Breakfast
Morning Yoga
hidden beach trekking , padang padang beach

- DAY3 :

Breakfast
Morning transfer to Wanderlust cross-fit training ,
afternoon sunset at Finns Beach Club

- DAY4 :

Ubud tour with visit to tegenungan, ubud central,
monkey forest and rice terrace



- **DAY5 :**

Breakfast

Morning Transfer to Wanderlust,
cross-fit training

afternoon surfing in Kuta

Surfing lesson

- **DAY6 :**

Breakfast

Morning transfer to Wanderlust
cross-fit training

afternoon Yoga

- **DAY7 :**

Breakfast

Transfer to Airport, Departure



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Price per Person :

850\$

790\$ Early bird till the 20th of July or price applies on 2ppl together .

For Reservation:

50% down payment

100\$ Non-Refundable

Payment Method :

Cash at Studio (no POS) or
Deposit at CIB

Online Link

For bookings Whatsapp: +201149997114

Coaches on board

Amr Taher



Package Inclusions :

- * 6 Nights Accommodation incl. Breakfast at Frie Eco Beach Resort Canggu
- * 1 x surfing lesson
- * Tour and Transfer
- * Donation and Entrance Fee
- * English spk Guide Assistance
- * Private Ac Transportation
- *Hidden beach trek
- *Fitness sessions
- *Yoga sessions
- *Padang Padang beach

Exclusions :

- * International/ Domestic Air Ticket
- * Meals
- * Food and Beverages at Finns Beach Club Canggu
- * Personal expenses
- * Other Not Stated on Package Inclusions
- *Ubud tour 40\$ (include transport, entrance to tegunungan, ubud central, monkey forest and rice terrace)